

ORAL CARE

JULY - AUGUST 2019

We all moisturise our face, hands and/or body on a daily basis. Why not moisturise our mouth and gums?

When it comes to oral health it is not only the teeth that need a little TLC, but the gums and inside of the mouth that need special care too.

The mouth is the mirror of the body...but often overlooked in healthcare.

Colonisation of dental plaque (biofilm) in compromised patients, including those with high dependency needs and those at risk of aspiration contribute to development of pneumonia in elderly or dependant people. Studies show that poor oral care and proliferation of oral biofilm plays a significant role in pneumonia rates among the elderly and dependent residents in long-term care.

THE MOUTH A COMPLEX BIO-SYSTEM

The mouth is a delicately balanced bio-system of enzymes and lubricants in the saliva allowing 'good bacteria' to flourish and inhibit the growth of 'bad bacteria' protect the mouth.

There are numerous factors that may lead to the mouth producing less saliva, upsetting the delicate balance of the mouth's flora:

- Drinking alcohol
- Stress
- Sleeping (especially mouth breathers)
- Prolonged air travel
- Smoking
- Strenuous physical activity

In addition, many widely used and often prescribed medications¹ can cause the mouth to dry out, for example:

- Antihistamines
- Antidepressants
- Diuretics

ORAL HYGIENE RECOMMENDED APPROACHES

THERE ARE FOUR COMPONENTS TO PROVIDING EVIDENCED BASED ORAL CARE.

- Routine oral health assessment tool, minimum of once per day
- Oral cleansing using appropriate cleansing agents to maintain mucosal integrity and pH
- Debridement of oral structure using appropriate implements to reduce presence of dental plaque and debris
- Moisturising of the oral cavity and its' structures particularly in those with significant xerostomia (dry mouth)

MECHANICAL DEBRIDEMENT/BRUSHING

TOOTHBRUSHES:

- Use an ultra-soft, small headed or paediatric sized toothbrush or, flexible three-headed toothbrush (aka Surround® Toothbrush) for those with short tolerance due to behavioural issues as all surfaces are brushed simultaneously in a shorter period of time

TOOTHETTES:

- For mechanical cleaning and debriding

REFERENCE

1. Over 1,800 prescription and non-prescription drugs (Sreebny L M, D.D.S., M.S., Ph.D., "A useful source for the Drug - Dry Mouth Relationship", Journal of Dental Education, Vol. 69, Nr.1).

ORAL7[®]

balancing your mouth's natural flora

The Oral7[®] range of oral care products contains natural enzymes to reinforce the function of healthy saliva, thus keeping your mouth moist and balanced.

Your three step approach to a fresh healthy mouth.

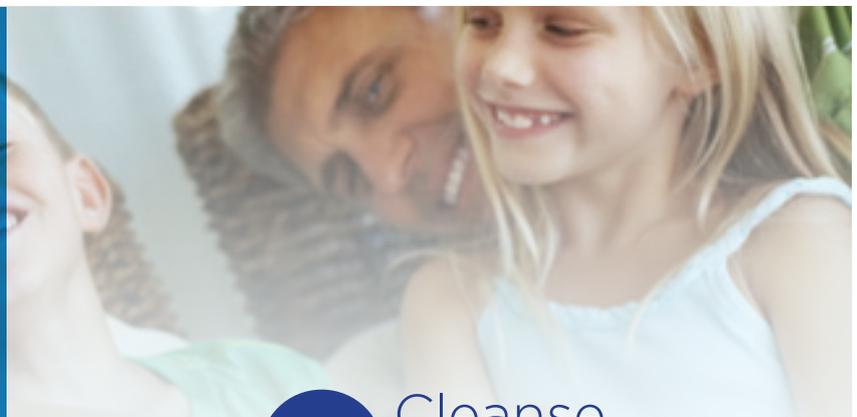


Medical conditions and treatments affecting oral health. There are a number of medical conditions and treatments that can disturb a healthy mouth:

- Diabetes
- Asthma
- Sjögren Syndrome
- Chemotherapy
- Radiotherapy
- Kidney dialysis

These can limit the flow of saliva which can lead to 'Dry Mouth' (Xerostomia).

A dry mouth can cause tooth decay, bad breath, gum disease and aphthous ulcers when the mouth's natural flora is disturbed, allowing harmful bacteria to flourish.



1

Cleanse

Oral 7[®] Moisturising Toothpaste



- Helps clean away the bacteria associated with bad breath, sore gums, cavities and plaque
- Low foaming, no sodium lauryl sulphate (drying agent)
- With fluoride and calcium
- Can be used instead of your regular toothpaste

07101S / ORAL 7 Moisturising Toothpaste 10gm tube / each
07101 / ORAL 7 Moisturising Toothpaste 105gm tube / each

2

Balance

Oral 7[®] Moisturising Mouthwash



- No alcohol + no methanol = no burning or stinging
- Helps keep breath fresh
- Helps promote healthy gums
- Helps clean away the bacteria associated with bad breath, sore gums, cavities and plaque
- Re-balances the Oral bio-system with natural enzymes

07103S / ORAL 7 Moisturising Mouthwash 30ml bottle / each
07103 / ORAL 7 Moisturising Mouthwash 250ml bottle / each
07104 / ORAL 7 Moisturising Mouthwash 500ml bottle / each

3

Moisturise

Oral 7[®] Moisturising Mouth Gel



- Extra beneficial for dry mouth sufferers
- Up to 7 hours relief enables uninterrupted sleep
- Helps swallowing
- Helps soothe and protect gums
- Suitable for denture wearers and mouth breathers

07102S / ORAL 7 Moisturising Mouth Gel 10gm tube / each
07102 / ORAL 7 Moisturising Mouth Gel 50gm tube / each

Wide Open Mouth Props

- Disposable mouth prop
- Soft foam rigid core
- User friendly, gentle in the patients mouth
- Can be re-used for same patient



90008 / Sage Open Wide Mouth Props

Surround® Toothbrush

Designed for “Special Needs” elderly patients



FEATURES:

- Compact head with soft, end-rounded bristles
- Side bristles positioned at a 45 degree angle recommended by the ADA to clean both teeth and gums
- Flexible structure and soft tactile surface.
- Head and neck of brush designed to make brushing safer even with those who tend to bite down on the toothbrush



Bends for improved access

90014 / Surround Toothbrush

Toothettes

Toothette® Oral Care delivers a comprehensive approach to oral hygiene based on cleaning, debriding, suctioning and moisturising the entire oral cavity.



Untreated

10124 / Sage Oral Untreated Toothette / BG200

Treated

Treated Toothettes® contain Sodium Bicarbonate. Treated swab heads cleanse and refresh the teeth and gums while stimulating oral tissues. Mechanically cleans, refreshes and deodorises the oral cavity.

10125 / Sage Oral Treated Soda-BicToothette / BG200

Perox-A Mint® Solution

Keeping the mouth clean is an important part of overall health. Bacteria in the mouth can form dental plaque, which has been linked to various diseases that originate in the mouth, including gingivitis.

One study showed that “plaque on teeth can provide a breeding ground for this growth of bacteria.

“Perox-A-Mint Solution helps break down plaque build up to keep the mouth healthy and clean.



90011 / Sage Perox-a-mint 1.5oz Bottle / each



CLEAN

Brushing and suctioning mechanically removes bacterial biofilms (dental plaque) from teeth and oral tissues.



DEBRIDE

Swabbing and suctioning with Perox-A-Mint® solution helps remove dead, loosened biofilms.



MOISTURISE

Mouth Moisturiser soothes and moisturises oral tissues.

fittydent[®]

Are you ready to improve
the quality of your life?



FITTYDENT ADHESIVE CREAM FOR DENTURES

GREAT FOR UPPERS, DESIGNED FOR LOWER

- The first and only adhesive worldwide which is not only great for uppers, but also especially designed for lowers
- New technology eliminates any slipping and sliding of dentures
- Not water soluble, thus not washed out while eating and drinking

AP201 / fittydent Adhesive For Dentures 20g tube

AP202 / fittydent Adhesive For Dentures 40g tube

FITTYDENT SUPER ADHESIVE CUSHIONS

- Guaranteed solution for patients with flat and/or narrow lower jaws
- Fittydent Adhesive Cushions assure a secure, strong bond between the lower denture and gum in the most difficult cases
- Since the cushion is not soluble in liquids, it is also effective for patients with excess saliva

AP204 / fittydent Super Adhesive Cushion pkt/15

FITTYDENT SUPER CLEANSING TABLETS

THE UNIQUE ANTIBACTERIAL FORMULA WITH PH9. ONE TABLET - THREE APPLICATIONS

- Cleans and whitens full dentures
- Remove the non-water soluble residues of fittydent Denture
- Adhesive and Cushions easily and thoroughly
- Cleans and whitens partial dentures
- Protects the metal part of the partial denture

AP203 / fittydent Super Cleansing Tablets pkt/32

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