



The Vest® Airway Clearance System Guidelines for Determining Garment Size

To obtain an accurate measurement for inflatable garment size:

1. Take a deep breath and hold it.
2. Using a tape measure, loosely measure the inches around the widest part of your chest; women should measure at the bust line.
3. Consult the chart below to determine your inflatable garment size.

Inflatable Garments (Reusable)



Chest Vest Size Guide

Small (28" – 35")	Large (>46" – 61")
Medium (>35" – 46")	Extra Large (>61" – 67")



Full Vest Size Guide

Child Small (19" – 23") (12" from the top of the back to the waist line)	Adult X Small Slim (>27" – 31") (18" from the top of the back to the waist line)
Child Small Short (19" – 23") (10" from the top of the back to the waist line)	Adult Small (>31" – 36")
Child Medium (>23" – 27")	Adult Medium (>36" – 45")
Child Large (>27" – 31") (17" from the top of the back to the waist line)	Adult Large (>45" – 52")



Minnesota Full Vest Size Guide

Child Medium (23" – 27")	Adult Small (>31" – 36")
Child Large (>27" – 31")	Adult Medium (>36" – 45")
	Adult Large (>45" – 52")



Wrap Vest Size Guide

X Small (19" – 23")	Large (>43" – 53")
Small (>23" – 33")	Extra Large (>53" – 67")
Medium (>33 – 43")	XX Large (>67" – 75")



C3™ Washable Full Vest Size Guide

Child Small (19" – 23")	Adult X Small Slim (>27" – 31") (18" from the top of the back to the waist line)
Child Medium (>23" – 27")	Adult Small (>31" – 36")
Child Large (>27" – 31") (17" from the top of the back to the waist line)	Adult Medium (>36" – 45")
	Adult Large (>45" – 52")

Accessories

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2/2012

Part Number

Description

200495000	Air Hose
142232	Remote Control
200753000	Power Cord
145330	User Manual (US English)
145686	Portable Roller Bag
145689	DVD
P300177005	Contour Foam Kit (Disposable)

The Vest® Airway Clearance System Fitting Chart for Home Care

Inflatable Garments (Reusable)



Commonly Prescribed Pressure
Settings: 1-4

Fitting the Chest Vest

- The Chest Vest should fit comfortably close to the under arms; make sure the Chest Vest fits close to the body without being uncomfortably snug
- For the best fit, inhale deeply, and then secure both back panel tabs to the front panel.
- Make sure the Chest Vest fits close to the body without being uncomfortably snug
 - To **tighten** the fit at the bottom edge, angle the back panel tabs **upward**
 - To **loosen** the fit at the bottom edge, angle the back panel tabs **downward**



Commonly Prescribed Pressure
Settings: 4-6

Fitting the Full Vest

- Put the Full Vest on so the closures are in front; connect the closures so the Full Vest fits loosely over the chest
- The Full Vest should fit comfortably close to the under arms, and the bottom of the garment should hit at top of hip bone. Prior to inflation of the Full Vest adjust the Full Vest to fit close to the body without being uncomfortably snug



Commonly Prescribed Pressure
Settings: 1-4

Fitting the Wrap Vest

- Center the deflated Wrap Vest (bladder portion) over the front of the chest
- Take a deep breath, and fasten the Wrap Vest making sure that the garment fits close to the underarms, but is not uncomfortable

NOTE: For patient comfort, it is recommended that a single layer of cotton clothing be worn beneath the garment.

The Vest® System for Home Care Use:

3 Easy Steps in our Order Process:

- Complete and Sign Order Form
- Have Patient sign Patient Authorization (TCR)
- Fax Order Form and TCR to St. Paul, MN
(800.870.8452 or 651.490.1484)

If you have questions, call 800.426.4224 option #3, or contact your local sales representative.